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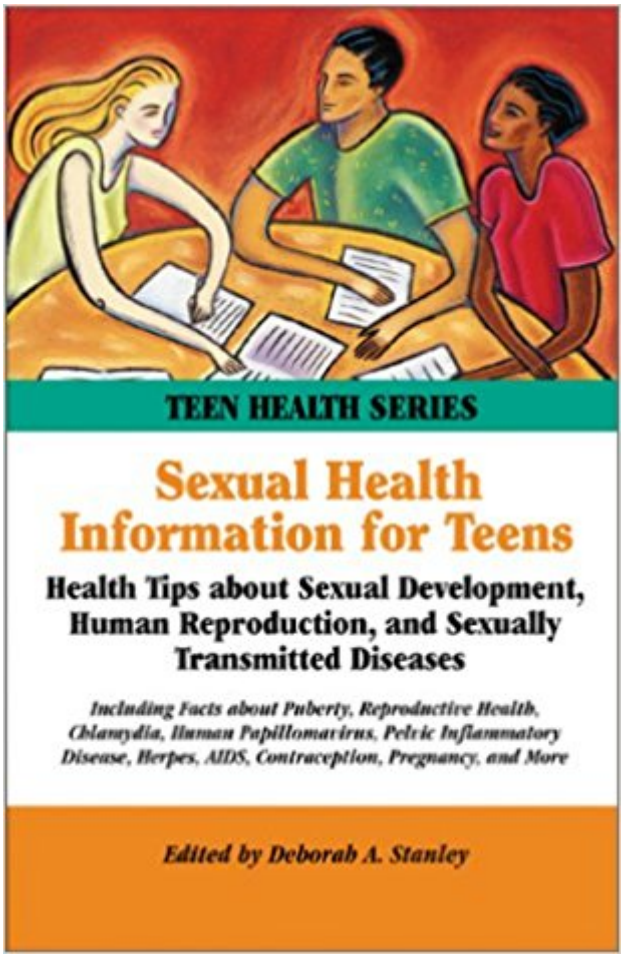
Sexual Health Information For Teens: Health Tips About Sexual Development, Human Reproduction, And Sexually Transmitted Diseases (Teen Health Series)



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Synopsis

The teen years can be a minefield of confusing and embarrassing experiences, with transitions in every aspect of life: interacting with family, socializing with friends, and coping with a school workload and perhaps a first job. Add to this burden the need to endure the physical changes that come with puberty and young adulthood. Teens often feel uncomfortable discussing these changes with adults and may be especially hesitant to approach parents or teachers with questions about sexual health. Yet many teens do need guidance in understanding the reproductive-health issues they face, whether or not they are personally sexually active. This volume of the Teen Health Series provides information about all aspects of sexual health, from what's normal and what's not during puberty to facts about sexually transmitted diseases. Also addressed are questions about hygiene, diseases of the reproductive system that are not sexually transmitted, pregnancy and contraception, and societal issues such as date rape.

Book Information

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Age Range: 12 and up

Grade Level: 7 and up

Customer Reviews

Grade 9 Up--This excellent and comprehensive overview presents clear facts, arming readers with accurate information and equipping them to make wise personal choices. The articles are drawn from publications issued by government agencies such as the CDC, FDA, National Institute of Allergy and Infectious Diseases, and the Office on Women's Health of the U.S. Department of

Health and Human Services. Other documents come from the National Campaign to Prevent Teen Pregnancy and Sexuality Information and Education Council of the U.S., Consumer Health Interactive, and other organizations. Full citation information is provided on the first page of each chapter. The book covers such topics as puberty, reproductive health, sexuality and social issues, pregnancy prevention, and sexually transmitted diseases. Readers with questions about what is normal and what isn't will find answers here. Sidebars include "It's a Fact!!" and "Quick Tip," while "Weird Words" define technical terms. Separate chapters list Internet resources and organizations. An excellent index completes the book. While lacking the visual splash of Ruth Bell's Changing Bodies, Changing Lives (Times, 1998), Sexual Health approaches its subject with appropriate seriousness and offers easily accessible advice and information.--Joyce Adams Burner, Hillcrest Library, Prairie Village, KS Copyright Â© Reed Business Information, a division of Reed Elsevier Inc. All rights reserved.

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